

CURRENTLY UNDERGOING ECM ACCREDITATION

NOT ONLY ACL

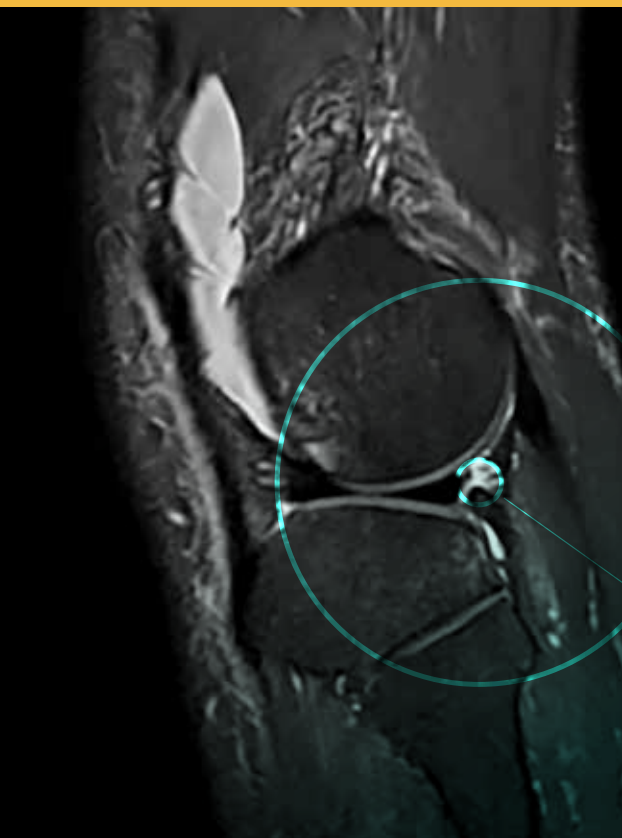
MANAGEMENT OF PERIPHERAL KNEE INJURIES
FOLLOWING ACL TEARS

SCIENTIFIC PROGRAMME, MASTERCLASS AND WORKSHOPS

17-18 OTTOBRE 2025

J | **medical**

PRESSO Jihotel



In recent years, the approach to knee sprains in athletes has evolved from a focus on anterior cruciate ligament (ACL) injuries to a more complex and integrated perspective that also acknowledges the crucial role of associated peripheral structures. Incomplete or superficial management of these components can compromise knee stability, increase the risk of ACL reconstruction failure, and negatively affect both the timing and quality of return to sport.

Diagnosing associated lesions—which may also occur in isolation—requires thorough clinical and imaging assessment and a high index of suspicion. To identify them effectively, however, a deep understanding of their anatomy and biomechanics is essential.

The course “Not only ACL” aims to provide a comprehensive and up-to-date overview of the diagnosis, clinical significance, and treatment of peripheral injuries associated with ACL tears. Starting from the anatomical and biomechanical framework of each knee compartment, the course will explore imaging findings and current surgical techniques, both reparative and reconstructive, offering practical tools to tailor treatment strategies, optimize functional recovery, and reduce the risk of recurrence.

SCIENTIFIC PROGRAMME

FRIDAY 17TH OCTOBER 2025

REGISTRATION

ORE 13.15

COURSE OPENING

L. Stefanini, R. Rossi

ORE 14.00

SESSION I

ANTERO-MEDIAL COMPARTMENT

Chairs: L. Stefanini, A. Marchini

ANATOMY OF THE MEDIAL COMPARTMENT OF THE KNEE

R. Smigielski

ORE 14.10

BIOMECHANICS OF THE MEDIAL COMPARTMENT

A. Amis

ORE 14.25

MEDIAL COMPARTMENT: CLINICAL ASSESSMENT

P. Ferrua

ORE 14.40

THE ROLE OF ULTRASOUND
IN MEDIAL MENISCO-CAPSULAR INJURIES

M. Magistrali

ORE 14.55

MRI IMAGING FOR THE CLINICIAN: MEDIAL KNEE COMPARTMENT

G. Tognini

ORE 15.10

WHEN AND HOW TO REPAIR THE SUPERFICIAL AND DEEP MCL

F. Giron

ORE 15.25



WHEN AND HOW TO RECONSTRUCT
THE SUPERFICIAL AND DEEP MCL

R. Rossi

ORE **15.40**

BIOMECHANICAL COMPARISON OF DIFFERENT
RECONSTRUCTION TECHNIQUES FOR THE MEDIAL
AND ANTEROMEDIAL COMPARTMENT

A. Amis

ORE **15.55**

DISCUSSION

ORE **16.10**

COFFEE BREAK

ORE **16.30**

SESSION II

SURGICAL TECHNIQUES AND OUTCOME ENHANCEMENT

Chairs: D. Mozzone, D. Gunther

RAMP LESIONS: WHEN AND HOW TO TREAT THEM

F. Margheritini

ORE **17.00**

WHEN THE LIMB DEFORMITY CAN CHANGE MY PLAN
IN MEDIAL COMPARTMENT INJURIES

M. Capella

ORE **17.15**

BONE MARROW LESIONS OF THE MEDIAL KNEE
COMPARTMENT: DIAGNOSIS AND MANAGEMENT

L. Virelli

ORE **17.30**

"SOMETHING'S NOT RIGHT": EARLY SIGNS OF POST-SURGICAL
COMPLICATIONS AND CONSERVATIVE MANAGEMENT"

G. Gamberro

ORE **17.45**

LECTIO MAGISTRALIS

MAXIMISING OUTCOMES FOLLOWING ACL RECONSTRUCTION:
PLEASE DO NOT NEGLECT MUSCLE INHIBITION

N. Maffiuletti

ORE **18.00**

ORE 18.25

MILESTONES IN FUNCTIONAL TESTING IN ACL REHABILITATION

F. Borri

ORE 18.40

DISCUSSION

ORE 19.00

CLOSING REMARKS DAY I

SATURDAY 18TH OCTOBER 2025

SESSION III ANTERO-LATERAL COMPLEX

Chairs: S. Zaffagnini, R. Rossi

ORE 9.00

ANATOMY AND PRACTICAL ASPECTS

F. Rosso

ORE 9.15

BIOMECHANICS

M. Patacchini

ORE 9.30

MRI IMAGING FOR THE CLINICIAN: LATERAL KNEE COMPARTMENT

A. Surace

ORE 9.45

IS THERE AN ALGORITHM FOR LET OR ALL RECONSTRUCTION?

L. Perticarini

ORE 10.00

RECONSTRUCTION OF THE ALL

G. Thiebat

ORE 10.15

LATERAL EXTRA-ARTICULAR TENODESIS

D. Günther



REGENERATIVE TREATMENTS FOR LIGAMENT
AND MENISCAL INJURIES: WHERE ARE WE NOW?

A. Corsini

ORE **10.30**

DISCUSSION

ORE **10.45**

COFFEE BREAK

ORE **11.00**

SESSION IV

POSTERO-LATERAL COMPARTMENT AND SURROUNDINGS

Chairs: A. Bertelli, L. Tomaello

MANAGEMENT OF ISOLATED LCL INJURIES:
CLINICAL EXPERIENCE AND SURGICAL STRATEGIES

G. Zappalà

ORE **11.30**

RECONSTRUCTION TECHNIQUES
OF THE POSTERO-LATERAL COMPARTMENT

D. Bonasia

ORE **11.45**

LATERAL MENISCAL ROOT LESIONS: ALWAYS REPAIR?

S. Zaffagnini

ORE **12.00**

COMPLEX FRACTURES OF THE TIBIAL LATERAL COMPARTMENT:
A STEP-BY-STEP PROCEDURE

A. Panzeri

ORE **12.15**

KNEE DISLOCATION: MY ALGORITHM OF TREATMENT

D. Günther

ORE **12.30**

DISCUSSION

ORE **12.45**

CLOSING REMARKS DAY II

ORE **13.00**

PRE-COURSE WORKSHOPS

FRIDAY 17TH OCTOBER 2025

WORKSHOP I **HANDS-ON KNEE SURGERY TECHNIQUE LAB**

Maximum number of participants: **6 per session**

Workstations: **2**

Tutors: **Prof. R. Rossi, Prof. D. Günther,
Prof. D. Bonasia, Dr. G. Zappalà**

Language: **Italian/English**

Location: **Arthrex Mobile Lab at JIhotel**



R. ROSSI



D. GÜNTHER



D. BONASIA



G. ZAPPALÀ

Surgery originated as a practical discipline, and as such it requires constant manual training. The opportunity to practise in an environment free from external pressures and, moreover, under the guidance of an outstanding mentor represents a truly unique learning experience.

This workshop aims to enhance the participant's surgical skills through hands-on cadaveric procedures as well as through the experiential insights, critical reflections and operative strategies shared by leading professionals in the field.

The ultimate goal is to foster conscious, hands-on learning that translates into tangible and lasting improvements in daily clinical practice.

SCIENTIFIC PROGRAMME

ORE **9.00**

SESSION I - ACL RECONSTRUCTION

Prof. R. Rossi, Prof. D. Günther

ORE **11.00**

**SESSION II - MEDIAL COLLATERAL LIGAMENT
AND POSTERO-LATERAL CORNER SURGERY**

Prof. D. Bonasia, Dr. G. Zappalà

ORE **13.00**

LUNCH



MASTERCLASS

ADVANCED ANATOMY AND BIOMECHANICS OF THE CRUCIATE LIGAMENTS

Maximum number of participants: 16
Debaters: Dr. A. Amis and Dr. R. Smigielski
Chair: P rof. R. Rossi
Language: English



A. AMIS



R. SMIGIELSKI

A solid understanding of anatomy and biomechanics is the cornerstone of any thoughtful approach to musculotendinous injuries. Whether it is the surgeon striving to restore the native structure through reparative or reconstructive techniques or the rehabilitation professional assessing which movement patterns may pose a risk, these fundamentals remain central to clinical reasoning.

In this Masterclass two internationally recognised experts, Dr. Andrew Amis (London, UK) and Dr. Robert Smigielski (Warsaw, POL), will provide an in-depth exploration of the anatomy and biomechanics of the central pivot ligaments of the knee, offering valuable insights into both structure and function.

This session is reserved for a limited number of participants to encourage open discussion, questions, and exchange of views in a setting that is both intimate and informal, allowing each attendee to make the most of the experience.

SCIENTIFIC PROGRAMME

ORE 11.00	COURSE OPENING
ORE 11.10	ADVANCED ANATOMY OF THE CRUCIATE LIGAMENTS R. Smigielski
ORE 11.30	ADVANCED BIOMECHANICS OF THE CRUCIATE LIGAMENTS A. Amis
ORE 11.50	DISCUSSION
ORE 13.00	LUNCH

WORKSHOP II

KNEE ULTRASOUND-GUIDED INJECTIONS: A HANDS-ON APPROACH

Maximum number of participants: 12
Workstations: 4
Tutors: **M. Magistrali, C. Zanella**
Language: Italian



M. MAGISTRALI



C. ZANELLA

In many anatomical regions, the superior efficacy of ultrasound-guided infiltrative treatments over landmark-based approaches is well established. This also applies to the knee, where direct visualisation of the needle tip placement—down to under a millimetre—within the target area proves valuable and, at times, essential.

This Workshop aims to provide a pragmatic overview of the theoretical foundations of musculoskeletal ultrasound and instrumentation relevant to ultrasound-guided injection therapy, with a strong practical focus geared toward integrating the technique into daily clinical practice.

In addition to the intra-articular target, other common periarticular sites will also be explored, with the possibility of further integrations based on participants' requests. To ensure a more effective and enjoyable learning experience the number of participants will be limited, with a maximum of three attendees per ultrasound station.

SCIENTIFIC PROGRAMME

ORE **9.00**

COURSE OPENING

ORE **9.10**

BASICS OF MUSCULOSKELETAL ULTRASOUND TECHNIQUE
FOCUSED ON INJECTION THERAPY:

- ULTRASOUND MACHINES AND PROBES:
ADVANTAGES AND DISADVANTAGES
- US IMAGE CONSTRUCTION AND COMMON PITFALLS
- TARGET IDENTIFICATION AND PRE-INJECTION PLANNING

M. Magistrali

ORE 9.30

INJECTION EQUIPMENT AND TECHNIQUE:
IN-PLANE AND OUT-OF-PLANE APPROACHES

C. Zanella

ORE 10.00

HANDS-ON PRACTICE ON BIOLOGICAL MODELS
(4 ULTRASOUND-EQUIPPED WORKSTATIONS)

M. Magistrali, C. Zanella

ORE 11.00

INJECTION WINDOWS AND TECHNIQUES IN THE KNEE:

- SUPEROLATERAL SUPRAPATELLAR RECESS
- GASTROCNEMIUS-SEMIMEMBRANOSUS RECESS
 - PERIMENISCAL REGION
 - PATELLAR TENDON
- OTHERS AS DEEMED NECESSARY

M. Magistrali

ORE 11.30

HANDS-ON PRACTICE ON HUMAN MODELS
(TARGET SCAN REPRODUCTION
– 4 ULTRASOUND-EQUIPPED WORKSTATIONS)

M. Magistrali, C. Zanella

ORE 12.30

COURSE CLOSING

ORE 13.00

LUNCH

REGISTRATION OPTIONS

	STUDENTS / MEDICAL RESIDENTS ("SPECIALIZZANDI")	MEDICAL SPECIALISTS
COURSE "NOT ONLY ACL"	65€	125€
WORKSHOP 1 "HANDS-ON KNEE SURGERY TECHNIQUE LAB" + COURSE "NOT ONLY ACL" Choice: Session I (9-11 am) or Session II (11 am-1 pm) (+1 lunch at JIhotel included on 17 th October)	215€	295€
MASTERCLASS "ADVANCED ANATOMY AND BIOMECHANICS OF THE CRUCIATE LIGAMENTS" + COURSE "NOT ONLY ACL" (+1 lunch at JIhotel included on 17th October)	120€	210€
WORKSHOP 2 "HANDS-ON KNEE SURGERY TECHNIQUE LAB" (SESSION I: 9-11 AM) and MASTERCLASS "ADVANCED ANATOMY AND BIOMECHANICS OF THE CRUCIATE LIGAMENTS" + COURSE "NOT ONLY ACL" (+1 lunch at JIhotel included on 17th October)	290€	390€
WORKSHOP 2 "KNEE ULTRASOUND-GUIDED INJECTIONS: A HANDS-ON APPROACH" + COURSE "NOT ONLY ACL" (+1 lunch at JIhotel included on 17th October)	230€	345€

TO REGISTER:

<https://www.summeet.it/not-only-acl-3/>

All prices include VAT.

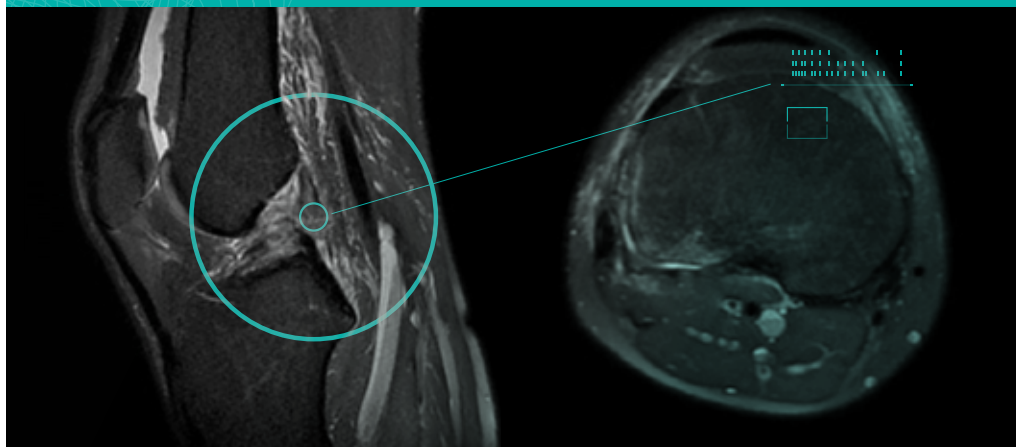
All the above items include:

- Full access to the Course sessions
- 2 coffee breaks (17th October in the afternoon, 18th October in the morning)
- Certificate of attendance
- Congress kit

- Dinner expenses, transfers, accommodation, and anything not specified are not included.
- The lectures will be delivered in Italian by Italian speakers and in English by international speakers.

All presentations will be in English.





MAXIMUM NUMBER OF PARTICIPANTS

90

COURSE VENUE

Jlhotel
Via Traves, 40,
10151 Torino - Italia

Jlhotel is located 7.5 km from Torino Porta Susa railway station and 18 minutes by car from Torino Caselle Airport.

CONFERENCE CHAIRS

L. STEFANINI
R. ROSSI

SCIENTIFIC DIRECTOR

M. MAGISTRALI

FACULTY:

A. AMIS
D. BONASIA
F. BORRI
M. CAPELLA
A. CORSINI
P. FERRUA
G. GAMERRO

F. GIRON
D. GÜNTHER
R. ROSSI
F. ROSSO
R. SMIGIELSKI
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N. MAFFIULETTI
A. PANZERI
M. PATACCHINI
L. PERTICARINI
G. TOGNINI

G. THIEBAT
L. VIRELLI
S. ZAFFAGNINI
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PROVIDER STANDARD ID: 604



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ECM (Educazione Continua in Medicina) CODICE ECM: 604 - 456334 - Summeet Srl (Provider standard n° 604) ha inserito nel programma formativo 2025 l'evento "NOT ONLY ACL MANAGEMENT OF PERIPHERAL KNEE INJURIES FOLLOWING ACL TEARS" assegnando n° 7 crediti formativi. L'evento formativo è destinato a n° 90 Medici Chirurghi (Medicina Fisica e Riabilitazione, Medicina Interna, Medicina e Chirurgia di Accettazione e di Urgenza, Medicina dello Sport, Reumatologia, Ortopedia e Traumatologia, Anestesia e Rianimazione, Radiodiagnostica, Medicina Generale (Medici di Famiglia). Il rilascio della certificazione dei crediti è subordinato: alla corrispondenza tra la professione del partecipante e quella cui l'evento è destinato, alla fruizione dell'intera durata del corso, al superamento del test di apprendimento ECM (con almeno il 75% di risposte corrette) alla compilazione del questionario di gradimento (entrambi compilabili sulla piattaforma online del provider entro 3 giorni dal termine del corso). Obiettivo formativo: 1 - Applicazione nella pratica quotidiana dei principi e delle procedure dell'evidence-based practice (EBM - EBN - EBP).